The need

The cost of living in our region places significant burdens on thousands in our community, many who cannot meet all of their basic needs.

1 in 5 ISSAQUAH FAMILIES IS SEVERELY BURDENED BY HOUSING COSTS (costs exceeding 50% of household income)

$5,565/mo = AVERAGE COSTS FOR A FAMILY OF FOUR

$4,062/mo = AVERAGE TAKE HOME PAY OF FAMILIES EARNING 60% OF AREA MEDIAN**

GROCERIES TO GO

3,628 DELIVERIES made to 231 individuals

LUNCH FOR THE BREAK

1,254 BOXES for kids during school breaks

POWER PACKS

2,154 PACKS of weekend food for kids

50,305 INDIVIDUAL FOOD BANK VISITS

SUMMER LUNCH

501 CHILDREN received breakfast, lunch, and snack foods over the 10 weeks of summer

1,035 HOUSEHOLDS SERVED IN OUR FOOD BANK

HOLIDAY GIFT BARN

1,551 CHILDREN served

“"We know our supporters are making a profound difference in the lives of the families we serve, making possible programs and services that are life-changing for many and are a vital part of ensuring families sustain. Sadly, out of all the people in need in our community, only 1 in 5 access our services. We look forward to bridging this service gap through creative outreach, facility expansion, and increased partnerships.”

CORI WALTERS, Executive Director

*Official USDA Food Plans, U.S. Average, January 2019
**https://smartasset.com/taxes/paycheck
R.M. wears her hope for all to see, sharing a radiant smile and a positive attitude. “I've had a wonderful life” she said, talking about her late husband Douglas, a former pastor, and her amazing daughter and grandchildren. Douglas was diagnosed with stage 4 colon cancer in 2012 and passed away in August of 2013. Having switched to a lower cost insurance plan just prior to the diagnosis, all of their savings went to paying medical bills. “I didn’t know how to get help. We GAVE to people. We were the ones who bought groceries for people and took it to them. I didn’t have a clue.” recalled R.M. After bouncing from relative to relative for 4½ years, she was finally able to move into HUD housing in December 2018.

Since coming to the Issaquah Food & Clothing Bank, R.M. shared, “It’s really helped me a lot.” She added, “This is, wow, such a blessing. I even got birthday gifts for my young grandkids.” She credits her faith for getting her through it all. Having gone from an 8,000 square foot house in 2012 to a 500 square foot apartment in 2018, she still says, “I’m rich; I have everything I need.”